

Vacation Packing Guide

Everything You Need to Pack for a Stress-Free Vacation

Why a Packing List Matters

Nothing puts a damper on vacation faster than realizing you've forgotten something important. Whether you're sailing on a Caribbean cruise, exploring Alaska, or relaxing at an all-inclusive resort, packing smart means spending less time worrying and more time enjoying your trip.

This guide will help you pack with confidence while avoiding overpacking.

Travel Documents

Always pack these first.

Essential Documents

- ✓ Passport (if required)
- ✓ Driver's License or Government ID
- ✓ Cruise boarding documents or airline tickets
- ✓ Hotel confirmations
- ✓ Travel insurance information
- ✓ Excursion confirmations
- ✓ Credit cards
- ✓ Cash (small bills for tips)
- ✓ Emergency contact information
- ✓ Copies of important documents (paper or digital)

Pro Tip: Keep all travel documents together in a travel wallet or organizer for easy access.

Clothing Essentials

Pack versatile clothing that can be mixed and matched.

Everyday Clothing

- T-shirts
- Shorts
- Casual pants
- Comfortable walking shoes
- Flip-flops or sandals
- Sleepwear
- Undergarments
- Socks

Evening Wear

Many cruises have optional dress-up evenings.

Consider bringing:

- Polo or button-down shirt
- Khakis or dress pants
- Sundress
- Casual dress shoes

Most cruise lines no longer require formal attire.

Beach & Pool Essentials

- Swimsuits (2–3 recommended)
 - Beach cover-up
 - Rash guard (optional)
 - Flip-flops
 - Waterproof phone pouch
 - Beach bag
 - Sunglasses
 - Wide-brim hat
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Toiletries

Pack travel-size versions whenever possible.

Don't Forget

- Toothbrush & toothpaste
 - Deodorant
 - Shampoo & conditioner
 - Hairbrush
 - Razor
 - Makeup
 - Moisturizer
 - Lip balm
 - Sunscreen
 - Aloe vera (for sunburn)
 - Nail clippers
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Medications

Never pack medications in checked luggage.

Bring:

- Prescription medications (enough for your trip plus a few extra days)
 - Motion sickness medication
 - Pain reliever
 - Allergy medicine
 - Antacids
 - Bandages
 - Antibiotic ointment
 - Hand sanitizer
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Electronics

Recommended Items

- Cell phone
- Chargers
- Power bank
- Camera
- Charging cables
- Smartwatch charger
- Headphones

Cruise Tip

Many cruise cabins have limited electrical outlets.

A **non-surge protected cruise-approved power strip** can be very helpful. Always check your cruise line's prohibited items list before packing.

Sun Protection

The Caribbean sun is much stronger than many travelers expect.

Pack:

- Reef-safe sunscreen
- Sunglasses
- Hat
- SPF lip balm
- Lightweight long-sleeve shirt for extra protection

Excursion Gear

Depending on your itinerary:

- Water shoes
 - Dry bag
 - Snorkel gear (optional)
 - Quick-dry towel (if not provided)
 - Reusable water bottle
 - Backpack
 - Cooling towel
 - Insect repellent (especially for rainforest or jungle excursions)
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➔ **Carry-On Bag Essentials**

Always assume your checked luggage could be delayed.

Keep these with you:

- Passport
- Medications
- One change of clothes
- Swimsuit
- Phone charger
- Wallet
- Important documents
- Jewelry
- Glasses or contacts

Cruise travelers should also pack:

- Bathing suit
- Sunscreen
- Flip-flops

Your luggage may not arrive at your cabin until later in the afternoon.



Cruise-Specific Packing Tips

Consider bringing:

- ✓ Magnetic hooks (most cabin walls are metal)
- ✓ Magnetic clips
- ✓ Lanyard for cruise card (if needed)
- ✓ Refillable water bottle
- ✓ Small backpack
- ✓ Wrinkle-release spray
- ✓ Over-the-door organizer (if allowed)
- ✓ Night light for inside cabins
- ✓ Towel clips for windy pool decks
- ✓ Waterproof phone case



What NOT to Pack on a Cruise

Check your cruise line's prohibited items list, but common restricted items include:

- Irons
- Steamers
- Surge-protected power strips
- Candles
- Extension cords (unless approved)
- Drones (some cruise lines)
- Illegal substances
- Weapons

Packing Tips from the Pros

- ✓ Roll your clothes instead of folding.
 - ✓ Use packing cubes to stay organized.
 - ✓ Pack heavier items at the bottom of your suitcase.
 - ✓ Leave room for souvenirs.
 - ✓ Label your luggage inside and out.
 - ✓ Weigh your suitcase before leaving home.
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Premium Travel Group Tip

One of the biggest mistakes travelers make is packing for every possible scenario. Most vacations only require comfortable clothing, a few pairs of shoes, and the essentials. Pack smart, stay organized, and leave room for the memories—and souvenirs—you'll bring home.

✓ Final Packing Checklist

Documents

- Passport/ID
- Boarding Passes
- Travel Insurance
- Credit Cards
- Cash

Clothing

- Shirts
- Shorts/Pants
- Dress Clothes
- Sleepwear
- Shoes

Beach

- Swimsuits
- Cover-Up
- Sunglasses
- Hat
- Sunscreen

Toiletries

- Toothbrush
- Shampoo
- Razor
- Medications

Electronics

- Phone
- Chargers
- Power Bank
- Camera

Extras

- Water Bottle
- Backpack
- Dry Bag
- Packing Cubes